

LAL BHAGCHANDANI MD PA

Sleep Apnea Questionnaire

(Please check all that applies)

Patient Name: _____

Patient Date of Birth: _____

Do you suffer from any of the following?

- | | |
|--|--|
| <input type="checkbox"/> Disruptive Snoring | <input type="checkbox"/> Excessive daytime sleepiness |
| <input type="checkbox"/> Non restorative sleep | <input type="checkbox"/> Disturbed or restless sleep |
| <input type="checkbox"/> Insomnia | <input type="checkbox"/> Choking or gasping during sleep |
| <input type="checkbox"/> Nocturia | <input type="checkbox"/> Frequent unexplained arousals |
| <input type="checkbox"/> Average Hours of sleep? | <input type="checkbox"/> Morning headaches |
| <input type="checkbox"/> Night terrors | <input type="checkbox"/> Neck Circumference (size) |

Last sleep study and where if any? _____